

You Are Beautiful  
by Phyllis V. Du'Gas

Sometimes we have to remind ourselves how beautiful we are. It's so easy to get "too" involved in life and its struggles. We have to be reminded that we are children of God and light. Light is clarity and dark is anguish. You have a choice! Don't be tricked! Confusion, contempt, vengeance, secrecy, jealousy and chaotic temperaments are products of dark. Follow the light!

We were not put here to attempt to live up to someone else's expectations of us. We only need to be true to God. No one else's opinion matters. We came in this world alone and we will leave alone.

Realize today that you are beautiful, talented, blessed, saved by grace, and most of all, know that you are WORTHY....because you are!

There's a blessing on the other side of your dilemma....Hold on!