

What Do You Want From Love?

by Phyllis V. Du'Gas

A few years ago someone asked that question of me. I'm not ashamed to admit, I wasn't quite sure how to answer.

It was profound! I was then told, "Until you realize what you want from love you won't find it." Whoa!

Its one thing to enter a relationship with expectations, but its worst to enter it knowing nothing at all about what you truly want from it. Some times we have to get in touch with ourselves so that we are able to know love when it shows up. It's a cliché maybe, but when we love ourselves first it's easier to love someone else. Another person is unable to heal our deep wounds. Is that perhaps why our relationships aren't successful? Is it perhaps because we're expecting another person to come in and take all our pain away? This is pain we've carried around for a lifetime. If we haven't figured it out by now, how can we think that one person can come in and "poof" it's all gone?

Wouldn't that be a tall order?

It's up to us to heal our own wounds and in the process, we have to be careful not to allow those wounds to injure someone else. We can't be rescued. We have to save ourselves. Expecting another person to fulfill all our needs is insane. No one is that strong, that perfect, or that crazy.

WHAT DO YOU WANT FROM LOVE?

When you can answer that question....then and only then will you know you're ready for it.