

A Spiritual Love

By Phyllis V. Du'Gas

“We have to treat people like we want to be treated and not like we've been mistreated.”

There is no higher joy than giving without asking anything in return, especially when we give unconditional love.

Selfishness divides us and we claim superiority over one another in the name of love. Why we have problems loving is because we make love too restrictive. It has too many rules, regulations and expectations. Spiritual love is not about tradition and sentiment. Spiritual love is about truth, trust, acceptance and a willing faith. It's about seeing God through another person and allowing God to love us through another person.

Love can escape the restrictive boxes in which we contain it.

I can't complete the picture for someone else. I'm not that strong or Godly. The purpose of relationship is not to have another person complete you; but to have another with whom you might share your completeness.

Love is a passion which does not take into consideration any reward, utilization or return. It's Spiritual - clothed in total acceptance.

It can be difficult to let go of some of the baggage we carry around with us from one relationship to the next but we need to let it go. Otherwise we will be let go. You can't start the engine of a new vehicle with the key from your former vehicle.

A relationship needs a foundation and two willing builders. The outside of a person tells us nothing about what is inside. We must begin to look at people from the inside out instead of the outside in. That's why so many people are living lonely lives. Choosing love is not like choosing fruit. The cantaloupe might be smooth on the outside but once you cut it open it's bitter. The cantaloupes that have the lumps and bumps are usually the ones that are the sweetest. (read that again!)

Love blossoms where differences are respected and people are allowed to be themselves, rather than something that someone else wants or needs them to be. I can't be everything for you because I have a hard enough time being enough for myself. Sometimes we don't have all the answers. Sometimes we're wrong. We must learn to give up the need to be right. There is no right or wrong...it just is! That is the essence of spiritual love.

We all have an inherent need to merge with those we love. But we simultaneously desire the comfort of detachment. Love requires a certain amount of freedom. You don't have to stop living just because you are sharing a life with another person. Spiritual love is not caged.

God is attempting to show us the essence of Spiritual Love. It's all around us if we would only open our hearts to it. Sometimes we have to take risks. We have to step out on faith. How can we reach out to each other if we aren't courageous enough to let others see who we really are and what we need?

*“.....but the greatest of these is LOVE”
1 Corinthians 13*

Everyday should be Valentine's Day - not just February 14th.